In the midst of attention to systemic racism, reform, historical antecedents to current policy and the lived experience of Black people in the U.S., people across the country are seeking resources and constructive means of action. This 30-day plan includes avenues for self-education, consideration, reflection, and engagement—and is designed to look at the issue through multiple lenses and perspectives. MCD therefore does not expressly endorse any individual views shared herein, but rather encourages the viewer to do the work in drawing their own conclusions.

Designing implies thinking about the future, and how such action will fit into our lives and structures today and to come. This is just one approach to designing action, and you may choose to expand the list based on our repeating elements.

**RECOMMENDED AGE/SKILL LEVEL:**

Recommended for adults.

**INSTRUCTIONS**

Follow along with our 30-days of action. Go daily, weekly, or at whichever pace suits you.
Day 1 • Read | More Than a Month | SF Public Library
Day 2 • Watch | Juneteenth | Teen Vogue
Day 3 • Donate | Local community | Bayview Opera House
Day 4 • Listen | Code Switch | NPR
Day 5 • Buy | Bay Area Black owned restaurants | Spreadsheet
Day 6 • Art + Design | The Black Parade | Beyonce
Day 7 • Hear | Bay Area voices | SF Chronicle
Day 8 • Vote | Double check your registration | US Gov
Day 9 • Health | Support or sign up | Open Path Collective
Day 10 • Volunteer | Help your neighbors | SF Marin Food Bank
Day 11 • Read | Talking About Race | National Museum of African American History & Culture
Day 12 • Watch | Police violence | Documentaries via Vulture
Day 13 • Donate | Fight Bay Area poverty | Tipping Point Community
Day 14 • Listen | Plan Strategize Organize Mobilize | Killer Mike
Day 15 • Buy | Black Parade beauty upgrade | Beyonce
Day 16 • Art + Design | Restorative justice architecture | Designing Justice + Designing Spaces
Day 17 • Hear | Black Voices | Instagram
Day 18 • Vote | Abolish police unions | Petition & form letter
Day 19 • Health | Trap and Do Yoga | Trap Yoga Bae
Day 20 • Volunteer | Sign up as a mentor | Juma SF
Day 21 • Read | Summertime YA reading list | Buzzfeed
Day 22 • Watch | Hate Thy Neighbor | Viceland
Day 23 • Donate | Safe place for young people | Larkin Street Youth
Day 24 • Listen | Seeing White | Scene on Radio
Day 25 • Buy | Agroecology CSA box | Black Earth Farms (Albany)
Day 26 • Art + Design | Black owned art galleries | Shoppe Black
Day 27 • Hear | Alternative voices | The Manhattan Institute
Day 28 • Vote | Campaigns | Color of Change
Day 29 • Health | Bayview seniors | Bayview Senior Services
Day 30 • Volunteer | Essentials delivery | SF Community initiative
Museum of Craft and Design

DESIGNING ACTION

ADDITIONAL RESOURCES
CONNECT SOCIALLY AND LEARN MORE

Facebook & Instagram: @MuseumofCraftandDesign
Twitter @SF_MCD

Share your project! Post and tag #MCDatHome