PROJECT DESCRIPTION

The magic of tarot is in its ability to use ancient archetypes to help you parse what you already know. Find grounding in uncertain times by letting the oracle help highlight your subconscious.

RECOMMENDED AGE/SKILL LEVEL:

Recommended for 12+

MATERIALS

- Index card or scrap paper of any size
- Magazines
- Tarot deck or virtual one-card pull
- Scissors
- Glue stick
- Pen or fine tip marker

INSTRUCTIONS

- Shuffle your deck in the way that feels most comfortable to you. While shuffling, clear your mind except for intention, or purpose of your ask. This is less of a “yes or no” question and more of a general request for the cards to guide you in a particular subject. Think of the whole scenario, as opposed to a defined question.
INSTRUCTIONS

• Once you feel the cards are well shuffled, hold the deck in your right hand, and cut the deck with your left hand. Place the half in your left hand (face) down, and place the half in your right hand, on top of it, also face down. With your left hand, flip the card on top of the stack.

OR

Spread the cards out on a surface in front of you, facedown. In the air, just above the spread, run your left hand over the cards. Try to think of your intention and use your instincts to pull a card the moment you get “that feeling.” Hint: your middle finger is your divining finger, so if you feel a tingle or twitch-- pull the card below! Flip the card and lay it face up.

OR

Visit Labyrinthos.co to do a virtual pull, with the deck of your choice!

• Study the card you pulled, without looking at any written interpretations. What do you see? What stands out about the imagery and design? Does it evoke any particular emotions? Mentally note these observations.

• Look up your card either in your deck’s reference manual, or online. Using their “search” function, Biddy Tarot has a pretty comprehensive guide, based off of the classic Rider-Waite deck.

Optional: Look up interpretations in multiple deck manuals to get a more well-rounded view of the card. Additionally, the suits and numbers have their own additional meanings. You might choose to dig deeper into those elements for more insight, as well.
How does the meaning jive with your personal interpretation? How doesn’t it? What is the space between those differences? How does the meaning speak to your intention? Where might you have a blind spot?

TIP: Don’t be scared of what you might perceive as “negative” cards! There is no light without darkness, and being able to look that shadow in the eye will give you power against it. Be grateful for the insight of a “negative” pull and meditate on what the “positive” of it might be.

Similarly, you may or may not choose to consider “reverse” cards. If your manual includes them, however, it doesn’t hurt to think for a moment about what that interpretation means in the context of the upright meaning, as well.

Search through the magazine(s) to find imagery that speaks to you in the context of your card.

Cut out and adhere images to your index card or scrap paper. You may choose to mimic the design of the card you pulled, or create an entirely new composition altogether.

Label your card, as you wish.